Presented by Department of Medicine Johns Hopkins University School of Medicine

NOW IN ITS 69TH YEAR! The 69th Annual Philip A. Tumulty

TOPICS in CLINICAL MEDICINE May 7 – 9, 2025

The Johns Hopkins Hospital Chevy Chase Bank Conference Center Baltimore, Maryland

Course Directors:

Gail Berkenblit, MD, PhD Daniel Brotman, MD, FACP, MHM Kimberly Peairs, MD, FACP



"The talks are presented by individual expert faculty members, thus providing a rich breadth of scientific views and insights, standing ahead of other CME Courses."

This activity has been approved for AMA PRA Category 1 Credits[™].



The 69th Annual Philip A. Tumulty TOPICS in CLINICAL MEDICINE May 7 – 9, 2025

DESCRIPTION

Topics in Clinical Medicine began over **68** years ago with the late Dr. Philip Tumulty's belief that faculty should communicate not only its expertise in internal medicine, but also its collegiality and warmth. The current course directors are Drs. Gail Berkenblit, Daniel Brotman, and Kimberly Peairs. In 2025, Topics remains a course dedicated to providing the best summaries of the advances in internal medicine and extending the hospitality of Johns Hopkins' faculty.

WHO SHOULD ATTEND

This activity is intended for internal medicine, family practice, and hospitalist medicine physicians; physician assistants, nurse practitioners, nurses and other allied health professionals.

OBJECTIVES

After attending this activity, the learner will demonstrate the ability to:

- Summarize recent updates, clinical studies, and practice changing guidelines in general internal medicine.
- Describe innovations in medications and procedures that are applicable to a general medicine practice.
- Review updates and clinical practice strategies in the areas of general internal medicine, cardiology, endocrinology, gastroenterology, hematology/oncology, infectious diseases, nephrology, pulmonology, psychiatry, and rheumatology.
- Obtain expert opinion and guidance through case discussions in "Meet the Professor" sessions.

ACCREDITATION STATEMENT

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this live activity for a maximum of 23.5 AMA PRA Category I Credits^M. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

POLICY ON PRESENTER AND PROVIDER DISCLOSURE

It is the policy of the Johns Hopkins School of Medicine that the presenter and provider globally disclose conflicts of interest. The Johns Hopkins School of Medicine OCME has established policies in place to identify and mitigate relevant conflicts of interest prior to this educational activity. Detail disclosure will be made prior to presentation of the education.

OTHER CREDITS

American Academy of Nurse Practitioners National Certification Program accepts AMA PRA Category 1 Credit[™] from organizations accredited by the ACCME.

American Nurses Credentialing Center (ANCC) accepts AMA PRA Category I Credit[™] from organizations accredited by the ACCME.

PAs may claim a maximum of 23.5 Category I credits for completing this activity. **NCCPA** accepts AMA PRA Category I CreditTM from organizations accredited by ACCME or a recognized state medical society.

The Johns Hopkins University has approved this activity for 23.5 contact hours for non-physicians.

MAINTANENCE OF CERTIFICATION

Successful completion of this CME activity, which includes participation in the evaluation



component, enables the participant to earnup to 23.5 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

PAIN MEDICINE STATEMENT

This activity should cover topics that are required under the Maryland Board of Physicians pain management requirement.



GENERAL INFORMATION

REGISTRATION

Wednesday, May 7, 2025 7:00 a.m. ET

Chevy Chase Bank Conference Center The Sheikh Zayed Tower The Johns Hopkins Hospital 1800 Orleans Street, Main Level Baltimore, Maryland 21287

The Sheikh Zayed Tower is located on Orleans Street between Broadway and Wolfe Streets. Directions and campus parking information are available on our website under the Contact Us tab at https://HopkinsCME.cloud-cme.com. The closest garage is the Orleans Street Garage, which is located on Orleans Street (Route 40) between Wolfe Street and Broadway. Handicapped parking is also available in the McElderry Street Garage. Johns Hopkins is smoke free.

FEES

Register Online by May 2, 2025: https://hopkinscme.cloud-cme.com/course/ courseoverview?P=0&EID=58617

Methods of Payment: Learners must register and submit full payment prior to the start of the activity. On-site payments can only be accepted if made by learners via credit card through the online portal by 5:00 p.m. ET on the first day of the activity. The registration fee includes continental breakfast, breaks, lunches welcome reception and instructional materials.

Physicians	\$700
Residents*/Fellows*/Nurses/NPs/PAs/Allied Health	
Professionals	\$575
*with verification of status	

You will receive a confirmation by e-mail. If you have not received it by May 2, 2025 call (410) 502-9636 to confirm that you are registered. A transcript of attendance will be available upon attestation of your credit hours and submission of the post activity online evaluation.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee. Under such circumstances registrants will be notified as soon as possible.

LATE FEE AND REFUND POLICY

A \$50 late fee applies to registrations received after 5:00 p.m. ET on May 2, 2025. A handling fee of \$50 will be deducted for cancellation. Refund requests must be received by fax or mail by May 2, 2025. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins activity in lieu of cancellation is not possible.

SYLLABUS

The syllabus will be accessible online and via your mobile device in the CloudCME App prior to the activity.

HOW TO OBTAIN CREDIT

Post activity, an online evaluation will be available to attendees to evaluate the activity and individual presentations and to identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be added to the learner's transcript and immediately available for print. The last day to access the evaluation and attest to your credits is **June 23, 2025**.

An outcome survey will be sent to all physician attendees within two months post activity to assist us in determining what impact this activity had on the learner's practice.

AMERICANS WITH DISABILITIES ACT

The Johns Hopkins School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have any special needs.

TO REGISTER OR FOR FURTHER INFORMATION

Register Online

https://hopkinscme.cloud-cme.com/course/ courseoverview?P=0&EID=58617

Register by Phone
Register by Fax
Confirmation/Certificates/Transcripts(410) 502-9636
General Information
E-mail the Office of CME cmenet@jhmi.edu

Follow us on Twitter: twitter.com/HopkinsCME Facebook: facebook.com/HopkinsCME

CloudCME

Check out our mobile app CloudCME. Organization Code: *HopkinsCME*

For technical assistance with website, CloudCME or credits, please visit our tech support help page: https://hopkinscme.cloud-cme.com/about/help

For general information, please visit the activity webpage at https://hopkinscme.cloud-cme.com/course/courseoverview?P=0&EID=58617



PROGRAM

	VEDNESDAY, MAY 7, 2025		THURSDAY, MAY 8, 2025
7:00 - 8:00	Registration and Continental Breakfast	8:00 - 9:00	Registration and Continental Breakfast
8:00 - 8:15	Welcome and Conference Goals Gail Berkenblit, MD, PhD,	8:00 - 9:00	SELF TOUR OF THE DOME
	Daniel Brotman, MD, FACP, MHM and Kimberly Peairs, MD, FACP		SMALL GROUP DOME TOUR (SIGN UP-LIMITED)
8:15 - 8:45	SURGERY Claudication and PVD for the Internist Caitlin Hicks, MD, MS	9:15 - 9:45	INFECTIOUS DISEASE Fever of Unknown Origin: Exploring the Evaluation and Common Causes
8:45 - 9:15	INTERNAL MEDICINE The Oslerian Approach to Al Gail Berkenblit, MD, PhD	9:45 - 10:15	William Floyd Wright, MD PSYCHIATRY Will the Real Binetar Disorder Bloase
9:15 - 10:00	MYSTERY CASE John Woller, MD and Dan Brotman, MD		Will the Real Bipolar Disorder Please Stand Up Glenn Treisman, MD, PhD
10:00 - 10:15	Break	10:15 - 10:30	Break
10:15 - 11:00	CARDIOLOGY Curbside Consults in Cardiology Roy Ziegelstein, MD	10:30 - 11:00	NEPHROLOGY Hypertension Management in CKD Patients
11:00 11:30	ONCOLOGY Liquid Biopsy in Non-Small Cell Lung		Elena Cervantes, MD
	Cancer: Transforming Precision Oncology Care Joseph Murray, MD	11:00 - 11:30	ALLERGY Updates on Methods for Preventing and Treating Anaphylaxis Melanie Dispenza, MD
11:30 12:00	ANESTHESIA Evidence-based Transfusion Practice and Blood Management Programs Steven Frank, MD	11:30 - 12:00	RHEUMATOLOGY Dysautonomia and POTS: What Every Doctor Should Know Brit Adler, MD
12:00 - 1:30	Luncheon - Meet the Professor Session I	12:00- 1:30	Luncheon - Meet the Professor Session III
1:30 - 2:00	ENDOCRINOLOGY Over-the-Counter- CGMs Nestoras Mathioudakis, MD, MHS	1:30 - 2:00	PSYCHIATRY A Street Car Named Desire Idris Leppla, MD
2:00 - 2:30	ONCOLOGY Lymphoma Update Cole Sterling, MD	2:00 2:30	SURGERY Multidisciplinary Management of Brain Metastases
2:30 - 2:45	Break		Raj Mukherjee, MD, MPH
2:45 - 3:15	CARDIOLOGY Navigating Nuances of HF GDMT	2:30 - 2:45	Break
	Nishā Gilotra, MD	2:45 - 3:15	ENDOCRINOLOGY
3:15 - 3:45	ORTHOPAEDICS Novel Treatments for Musculoskeletal		Update in Osteoporosis Kendall Moseley, MD
3:45 4:00	Conditions Alexis Coslick, DO	3:15 - 3:45	PULMONOLOGY PFTs for the Internist
5.45 4.00	Break	3:45 4:00	Aparna Balasubramanian, MD Break
4:00 5:00	Meet the Professor Session II	4:00 - 5:00	Meet the Professor Session IV
5:30 7:00	Welcome Reception - Marriott Residence Inn on the JH Campus	1.00 0.00	

All times listed are ET.

PROGRAM

	FRIDAY, MAY 9, 2025		
7:30 - 8:30 8:00 - 9:00	Registration and Continental Breakfast GRAND ROUNDS "The Curbsiders Internal Medicine Podcast - LIVE from Johns	1:30 - 2:00	NEUROLOGY Headache Medicine for the General Practitioner Christina Graley, MD
	Hopkins with Dr. Cynthia Sears on C. Difficile Matthew Watto Paul Williams	2:00 - 2:30	PULMONOLOGY Long Covid Ann Parker, MD, PhD
9:00 - 9:15	Break	2:30 - 2:45	Break
9:15 - 9:45	INFECTIOUS DISEASES Pneumonia Michael Melia, MD	2:45 - 3:15	INTERNAL MEDICINE Obesity Medicine Pearls for the Internist Marci Laudenslager, MD
9:45 - 10:15	GYNECOLOGY Endometriosis Kristin Patzowsky, MD	3:15 - 3:45	GASTROENTEROLOGY Updates in Hepatology Michelle Ma, MD
10:15 - 10:45	HOSPITALIST Change of Plans-Notes on Pancreatitis Kittane Vishnupriya, MD	3:45 - 4:00	Break
10:45 - 11:00	Break	4:00 - 5:00	Osler's Greatest Hits (10 min) Natasha Chida, MD, MSPH (Moderator)
11:00 - 11:30	ONCOLOGY Is Metastatic Prostate Cancer a Chronic Disease? Cathy Handy Marshall, MD, MPH	4:10 - 4:20 4:20 - 4:30 4:30 - 4:40 4:40 - 4:50	 Salem Hernandez, MD Gloria Hong, MD Elizabeth Kiernan, MD
11:30 - 12:00	HEMATOLOGY Transplant for Non-Malignancies Robert Brodsky, MD	4:40 - 4:50 4:50 - 5:00	4. Michael Rose, MD, MPH 5. Michelle York, MD <i>Question and Answer Session</i>
12:00 - 1:30	Luncheon - Meet the Professor Session V	5:00 You will receive form and to atte	Adjourn an email notification to complete the evaluation est to the number of hours in attendance.

The Johns Hopkins School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity. This schedule is subject to change.



SPEAKERS

Gail Berkenblit, MD, PhD Associate Professor of Medicine Associate Program Director for Ambulatory Education, Osler Medicine Training Program

ACTIVITY DIRECTORS

Daniel Brotman, MD, FACP, MHM John A. Flynn Endowed Professor of Medicine Director, Division of Hospital Medicine The Johns Hopkins Hospital

JOHNS HOPKINS SPEAKERS

Brit Adler, MD Assistant Professor of Medicine Division of Rheumatology

Aparna Balasubramanian, MD Assistant Professor of Medicine Division of Pulmonary and Critical Care Medicine

Robert Brodsky, MD Professor of Medicine Division of Hematology

Elena Cervantes, MD Assistant Professor of Medicine Division of Nephrology

Natasha Chida, MD Associate Professor of Medicine Division of Infectious Diseases

Alexis Coslick, DO Assistant Professor of Orthopaedics Associate Program Director, PM&R Sports Medicine Fellowship Johns Hopkins University Athletics Medical Director and Team Physician

Melanie Dispenza, MD Assistant Professor of Medicine Division of Allergy and Immunology

Steven Frank, MD Professor of Anesthesiology and Critical Care Medicine

Nisha Gilotra, MD Associate Professor of Cardiology

Christina Graley, MD Assistant Professor of Medicine Division of Neurology

Cathy Handy Marshall, MD, MPH Associate Professor of Oncology

Salem Hernandez, MD Instructor in Medicine

Caitlin Hicks, MD, MS Associate Professor of Surgery

Gloria Hong, MD Instructor in Medicine

Marci Laudenslager, MD Assistant Professor of Medicine Division of General Internal Medicine

Elizabeth Kierman, MD Instructor in Medicine Idris Leppla, MD Assistant Professor of Psychiatry and Behavioral Sciences

Michelle Ma, MD Assistant Professor of Medicine Division of Gastroenterology

Nestoras Mathioudakis, MD, MHS Associate Professor of Medicine Division of Endocrinology and Metabolism

Kendall Moseley, MD Associate Professor of Medicine Division of Endocrinology and Metabolism

Joseph Murray, MD Assistant Professor of Oncology

Raj Mukherjee, MD, MPH Associate Professor of Neurological Surgery

Ann Parker, MD, PhD Assistant Professor of Medicine Division of Pulmonary and Critical Care Medicine

Kristin Patzowsky, MD Assistant Professor of Gynecology and Obstetrics

Michael Rose, MD, MPH Instructor in Medicine

Cole Sterling, MD Assistant Professor of Oncology

Glenn Treisman, MD, PhD Professor of Psychiatry and Behavioral Sciences

John Woller, MD Assistant Professor of Medicine Division of Hospital Medicine

William Floyd Wright, MD Assistant Professor of Medicine Division of Infectious Diseases

Kittane Vishnupriya, MD Assistant Professor of Medicine Division of Hospital Medicine

Michelle York, MD Instructor in Medicine

Roy Ziegelstein, MD Sarah Miller Coulson and Frank L. Coulson, Jr. Professor of Medicine Mary Wallace Stanton Professor of Education Vice Dean for Education

Kimberly Peairs, MD, FACP Associate Professor of Medicine Vice Chair for Clinical Affairs Department of Medicine